Bimat 3 mL 0.03%: Product Information

Bimat 0.03% is an eye solution containing bimatoprost, an active ingredient that belongs to a group of medicines called prostaglandin analogues. The 3 mL description refers to the volume of solution in the container; 0.03% is its concentration. Depending on the product's approved use, bimatoprost may be used to lower pressure inside the eye or to improve the appearance of sparse eyelashes. Directions differ for these uses, so follow the instructions provided with the specific product.

Uses and effects

When used for eyelash hypotrichosis, bimatoprost can gradually increase eyelash length, thickness, and darkness. It works by influencing the eyelash growth cycle. Results do not appear immediately: visible changes may take several weeks, and the final effect can require continued regular use. If use is stopped, lashes may gradually return to their previous appearance.

Bimatoprost eye solution is also used in some settings to lower elevated pressure inside the eye, including in people with open-angle glaucoma or ocular hypertension. The method and schedule for this use are not the same as eyelash application. Do not assume that instructions for one purpose apply to the other.

Applying the solution to the upper lash line

If the product is being used for eyelash growth, the usual method described in product information is to apply it once daily in the evening to the skin at the base of the upper eyelashes. Use only the applicator supplied or specified for the product.

1. Wash your hands and remove makeup or facial products from the area.
2. If wearing contact lenses, take them out before applying the solution.
3. Place one drop on a clean, sterile applicator—not directly onto the eyelid.
4. Draw the applicator carefully along the skin at the base of the upper lashes.
5. Blot any excess solution beyond the lash line with a clean tissue.
6. Discard the applicator after use. Use a fresh applicator for the other eye.

Apply to the upper eyelid margin only, unless the product directions specifically say otherwise. Do not put the solution directly into the eye for eyelash use, and do not apply it to the lower lash

line. Applying more solution or using it more often will not necessarily improve results and may increase unwanted effects.

If used as eye drops

When bimatoprost is being used to lower eye pressure, the instructions may involve placing drops into the eye according to a separate schedule. Follow the supplied directions for that use, including any advice about other eye drops. Avoid letting the container tip touch the eye, fingers, or another surface, as this can contaminate the solution.

Contact lenses and eye hygiene

Soft contact lenses can absorb some ingredients in eye solutions. Remove them before application and wait at least 15 minutes before putting them back in, unless the product leaflet gives different instructions.

Keep the applicator and container clean. Do not share eye products or applicators with other people. If the solution becomes cloudy, the container is damaged, or the dropper tip has touched an unclean surface, check the leaflet or ask a pharmacist how to proceed.

Side effects and appearance changes

Possible effects around the eyes include itching, dryness, redness, irritation, or darkening of the eyelid skin. These effects may affect one or both eyes. Stop and seek advice if irritation is severe or persistent, or if you develop eye pain, swelling, discharge, or a change in vision.

Bimatoprost may increase brown pigmentation in the iris. This change can be long-lasting or permanent and may be more noticeable in people whose irises contain a mixture of colors. Eyelid skin may also become darker; this change may fade after stopping, although the timing can vary.

The appearance of eyelashes can change as well. They may grow longer or thicker, and lashes in treated and untreated areas may look different. Solution that repeatedly spreads onto nearby skin could encourage hair growth where it is applied, so carefully remove excess liquid.

Important precautions

Tell an eye-care professional about any current or previous eye conditions, eye surgery, or ongoing use of eye medicines. If bimatoprost is being used to manage eye pressure, regular eye checks may be needed to assess the response. Do not change an eye-treatment schedule without professional guidance.

Using more than one medicine from the same general group to lower eye pressure may affect how well treatment works. Ask an eye-care professional to review all eye drops and medicines you use. If you are pregnant, planning pregnancy, or breastfeeding, ask a healthcare professional whether the product is appropriate for you.

Storage and handling

Store the solution according to the package leaflet. Product instructions commonly specify room-temperature storage within a defined range. Keep it away from excessive heat and direct sunlight, and out of children’s reach. Do not use it after the expiry date or longer than the period specified after opening. Dispose of the container and applicators as directed by local guidance.

Bimat 3 mL 0.03% should be used only according to the directions for its particular purpose. Careful application, clean handling, and patience with gradual results can help support appropriate use while reducing avoidable irritation and contamination.