Careprost 3 mL of 0.03%: Product Information

Careprost 0.03% is an eye solution containing bimatoprost as its active ingredient. The 3 mL description indicates the amount of liquid in the container, while 0.03% describes the solution's concentration. Bimatoprost belongs to a group of medicines called prostaglandin analogues. Depending on the product's approved use and local labeling, it may be used to encourage eyelash growth or to lower pressure inside the eye. The directions for these purposes are different, so follow the leaflet supplied with the specific product.

Use for eyelashes

When used for sparse or short eyelashes, bimatoprost can gradually increase lash length, thickness, and darkness. It influences the eyelash growth cycle, but results take time. Changes may become noticeable after several weeks of consistent use, with further improvement during continued use. Individual results vary.

If application is stopped, the eyelashes are expected to gradually return toward their earlier appearance. Changes are not permanent, and extra applications do not make lashes grow faster or produce better results. Follow the product's specific directions rather than using it more frequently.

Application to the upper lash line

For eyelash use, product information for bimatoprost 0.03% describes applying it once nightly to the skin along the upper eyelid margin. A clean, single-use applicator should be used for each eye. Read the product leaflet carefully, as the applicator supplied and directions may vary.

1. Wash your hands and remove makeup. Take out contact lenses.
2. Place one drop of solution onto the specified sterile applicator.
3. Draw the applicator evenly along the skin at the base of the upper eyelashes.
4. The lash-line skin should be lightly moistened, not wet enough for liquid to run.
5. Blot any excess solution outside the upper lash line with a clean tissue.
6. Discard the applicator after use. Use a new one for the other eye.

Do not apply the solution to the lower lash line for eyelash growth. Avoid placing it directly in the eye when using it on the lash line, and do not use a shared or reused applicator. Keep the

container tip from touching your fingers, skin, or other surfaces to reduce the risk of contamination.

If the solution is being used in the eye

Bimatoprost may also be used in some settings as eye drops to reduce elevated pressure inside the eye. That use has different application instructions and a different treatment purpose. Do not use the eyelash application method as a substitute for eye-drop directions, or vice versa. Follow the leaflet for the particular use and seek advice from an eye-care professional if the instructions are unclear.

Contact lenses and cleanliness

Contact lenses should be removed before application. Product information commonly advises waiting at least 15 minutes before putting them back in; check the leaflet for the specific product. Keep the bottle and any applicators clean, and do not share the solution with another person.

If the bottle tip touches an eye, finger, or unclean surface, avoid further contact with the tip and consult a pharmacist or eye-care professional about what to do. Do not use a solution that appears changed or a container that is damaged.

Possible effects and appearance changes

Some people may experience redness, itching, dryness, irritation, or darkening around the eyelids. Mild effects can occur near the application area, but persistent or severe discomfort should be discussed with a healthcare professional. Seek urgent help if you develop facial or throat swelling, breathing difficulty, or another sign of a serious allergic reaction.

Bimatoprost may increase brown pigmentation in the iris. This change can be long-lasting or permanent, and the likelihood may depend on the natural color of the eyes. Darkening of eyelid skin may occur and can sometimes fade after use ends, although this is not guaranteed. Eyelashes may grow unevenly or differ between eyes. If solution spreads onto nearby skin repeatedly, unwanted hair growth may occur where it lands; carefully blotting excess solution helps limit this.

Contact an eye-care professional about eye pain, significant swelling, discharge, persistent redness, or any change in vision. If you already have an eye condition or have had eye surgery, discuss use with a qualified professional before starting.

Precautions

Tell an eye-care professional about other eye products you use and any history of eye problems. If bimatoprost is being used to manage eye pressure, monitoring may be needed to assess the response and check eye health. Do not change the way you use other eye treatments without professional guidance.

If you are pregnant, planning pregnancy, or breastfeeding, ask a healthcare professional whether this product is appropriate. Avoid applying it to the breast or any area that could come into direct contact with an infant.

Storage and handling

Store the solution according to the instructions on its packaging. Keep it away from excessive heat and direct sunlight, and store it out of reach of children. Observe any time limit for use after opening and do not use the solution past its expiry date. Dispose of the container and applicators according to the leaflet or local guidance.

Careful application and clean handling are important. Use only the method intended for the product’s specific purpose, and allow time for gradual results. If you are uncertain about the directions or develop concerning symptoms, seek advice from an eye-care professional.